



## SENIOR CENTER NEWSLETTER

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# Scotland Place

Scotland County Parks and Recreation

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### Paint Making and Drawing Classes

We welcome Christopher Lane Davenport to Scotland Place as the Art Instruction for the morning "Paint Club". His classes will be on Mondays at 10:30 – 12:30. Mr. Davenport was the Art/Art History Educator at the Scotland High School of Visual and Performing Arts in Laurinburg before returning to school to work on his Masters' Degree.

Mr. Davenport will be demonstrating different drawing techniques. The fee is \$45.00 for the five week class, starting March 1<sup>st</sup>.

The paint club will continue to meet from 10:00 -2:00.

### Adult EVENING Paint Classes

Mr. Davenport will be working with adults March 3 – March 31, Wednesdays 5:30 to 7:30 this class will cover basic relief printing techniques. Cost is \$50.00 plus \$10 material fee,

Call for more information and the materials list 277-2585.

### Senior trip

Thursday, March 25th at 8 am the van will leave Scotland Place Senior Center for the trip to Myrtle Beach outlets. The cost is \$6.00 per person. Lunch is on your own at Ryan's. Payment confirms your seat. This trip is limited to 13

### Highlights

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#### March

#### New class- A Matter of Balance

This program is designed to benefit adults who have restricted their activities because of concerns about falling. Also, those who have sustained a fall in the past, or who are interested in improving flexibility, balance and strength. Classes start on March 8<sup>th</sup>, 1:00 to 3:00 pm for 8 weeks.

Call for more information 277-2585.

#### Line Dancing

Karen Gibson of the School of Dance will be teaching Line Dancing for Adults 55 and up. On Fridays, 9:15 to 10:00 for the four weeks of March., starting on March 5<sup>th</sup>. Fee is \$5.00 for the class.

Call for more information 277-2585.

#### Ballroom Dancing

Sharon Nichols of American Dance Productions, LLC will teach beginner ballroom dancing classes starting February 22 at 7pm. The fee is \$70.00 per couple for the five week series. To enroll in this class call Sharon Nichols at 910-331-9965.

Happy St. Patrick Day !!

### Mission Statement

Scotland Place Senior Center strives to enrich the lives of Scotland County adults 55 and older through programs and services that will improve their health and wellness, decrease their loneliness and isolation, as well as provide social economic and educational opportunities that enhance their quality of life



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